

Research Article

Runx1 up-regulates chondrocyte to osteoblast lineage commitment and promotes bone formation by enhancing both chondrogenesis and osteogenesis

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One of the fundamental questions in bone biology is where osteoblasts originate and how osteoblast differentiation is regulated. The mechanism underlying which factors regulate chondrocyte to osteoblast lineage commitment remains unknown. Our data showed that Runt-related transcription factor 1 (*Runx1*) is expressed at different stages of both chondrocyte and osteoblast differentiation. *Runx1* chondrocyte-specific knockout (*Runx1^{fl/fl}Col2 α 1-cre*) mice exhibited impaired cartilage formation, decreased bone density, and an osteoporotic phenotype. The expressions of chondrocyte differentiation regulation genes, including Sox9, Ihh, CyclinD1, PTH1R, and hypertrophic chondrocyte marker genes including Col2 α 1, Runx2, MMP13, Col10 α 1 in the growth plate were significantly decreased in *Runx1^{fl/fl}Col2 α 1-cre* mice chondrocytes. Importantly, the expression of osteoblast differentiation regulation genes including Osx, Runx2, ATF4, and osteoblast marker genes including osteocalcin (OCN) and osteopontin (OPN) were significantly decreased in the osteoblasts of *Runx1^{fl/fl}Col2 α 1-cre* mice. Notably, our data showed that osteoblast differentiation regulation genes and marker genes are also expressed in chondrocytes and the expressions of these marker genes were significantly decreased in the chondrocytes of *Runx1^{fl/fl}Col2 α 1-cre* mice. Our data showed that chromatin immunoprecipitation (ChIP) and promoter mapping analysis revealed that *Runx1* directly binds to the Indian hedgehog homolog (Ihh) promoter to regulate its expression, indicating that *Runx1* directly regulates the transcriptional expression of chondrocyte genes. Collectively, we revealed that *Runx1* signals chondrocyte to osteoblast lineage commitment and promotes endochondral bone formation through enhancing both chondrogenesis and osteogenesis genes expressions, indicating *Runx1* may be a therapeutic target to enhance endochondral bone formation and prevent osteoporosis fractures.

Received: 13 January 2020
 Revised: 3 May 2020
 Accepted: 11 May 2020

Accepted Manuscript online:
 11 May 2020
 Version of Record published:
 2 July 2020

Introduction

One of the fundamental questions in bone biology is where osteoblasts originate and how osteoblast differentiation is regulated. Ono et al. [1] reported that a subset of chondrogenic cells provides early mesenchymal progenitors in growing bones, indicating an important role of chondrogenic cells in endochondral bone formation. However, the mechanism underlying which factors regulate chondrocyte to osteoblast lineage commitment and the function of the mesenchymal progenitors in endochondral bone formation remain unknown. Our data showed that Runt-related transcription factor 1

(Runx1) is expressed at different stages of both chondrocyte and osteoblast differentiation, which led us to hypothesize that *Runx1* may be the factor that controls chondrocyte to osteoblast lineage commitment and the function of the mesenchymal progenitors in endochondral bone formation.

Proper skeletal formation and growth are strictly dependent on the orchestration of all the processes participating in endochondral bone formation at the growth plate. Endochondral ossification begins with mesenchymal cell condensations, and cells undergo differentiation into cartilage anlagen, followed by the steps of chondrocyte proliferation, differentiation, and apoptosis [2]. These processes are strictly regulated by different growth factors and transcription factors such as Sox9, Runx2, Ihh, PTH1R, and Bmps [2,3].

Runx1, also known as *AML1* and *cbfa2*, belongs to the Runt-Related Transcription Factor family, which consists of Runx1, Runx2, and Runx3. All three members share a highly homologous DNA binding sequence Runt, and are expressed in a variety of tissues. They play different roles in the development process [4–7]. *Runx2* is required for osteogenesis and is associated with cleidocranial dysplasia [8]. *Runx3*, an important factor in nerve cell differentiation, co-operates with *Runx2* to regulate chondrocyte proliferation and hypertrophy [9–11]. *Runx1* has been widely studied as the regulator in the hematopoietic development, and genetic ablation of *Runx1* leads to lethality of newborn homozygous mice. In recent years, *Runx1* has been reported to be linked with the lineage direction of the undifferentiated cells in the calvarial sutures, periosteum, and postnatal perichondrium, and may contribute to the earliest stages of skeletogenesis [12]. *In vitro* experiments also confirmed that *Runx1* is important in the early stages of chondrocyte differentiation [12,13]. Studies using stage specific *Runx1* deficient mice showed *Runx1* cooperatively with *Runx2* regulates sternal morphogenesis and the commitment of mesenchymal cells to chondrocytes [14,15]. However, the role of *Runx1* in postnatal chondrocyte and osteoblast differentiation and endochondral bone formation remains unclear.

To test our hypothesis of the role of *Runx1* in regulating chondrocyte to osteoblast lineage commitment and the function of the mesenchymal progenitors in endochondral bone formation, we generated chondrocyte-specific *Runx1*-deficient mice (*Runx1^{fl/fl}Col2α1-cre* mice) by crossing *Col2α1-cre* mice with *Runx1^{fl/fl}* mice. These mutant mice survived to adulthood and displayed compromised endochondral bone formation including delayed development of the vertebra and long bones, inhibited chondrocyte and osteoblast differentiation, and a decrease in the length of the hypertrophic zone (HZ), indicating that *Runx1* deletion in chondrocytes and osteoblasts impaired growth plate development. Chromatin immunoprecipitation (ChIP) and promoter analysis revealed that *Runx1* directly binds to the promoter regions of *Ihh* to regulate its expression, indicating that *Runx1* can directly regulate the transcriptional expression of chondrocyte marker genes and osteoblast marker genes. We revealed that *Runx1* governs chondrocyte to osteoblast lineage commitment and promotes endochondral bone formation through enhancing both chondrogenesis and osteogenesis gene expressions, indicating *Runx1* may be a therapeutic target for the treatment of bone diseases such as osteoporosis.

Materials and methods

Generation of *Runx1^{fl/fl}Col2α1-cre* mice

Runx1^{fl/fl} mice on a C57/B6L background were purchased from Jackson Laboratory, and the *Col2α1-Cre* mouse line on a C57/B6L background was kindly provided by Dr. Rosa Serra from The University of Alabama at Birmingham (UAB) (Birmingham, AL, U.S.A.). *Runx1^{fl/fl}* mice were crossed with *Col2α1-cre* mice to get *Runx1^{fl/fl}+*, *Col2α1-cre*, which were intercrossed to get homozygous *Runx1^{fl/fl}Col2α1-cre* mice. All mice were maintained under a 12-h light–dark cycle with ad libitum access to food and water at the UAB Animal Facility. The study was approved by the UAB Institutional Animal Care and Use Committee and conformed to NIH guidelines, and followed all recommendations of ARRIVE (animal research: reporting in vivo experiments) guidelines. Animals were killed by Carbon dioxide inhalation anesthesia.

Radiographic procedures

For X-ray analysis, radiography was performed using the Faxitron Model MX-20 at 26 kV by the UAB Small Animal Bone Phenotyping Core associated with the Center for Metabolic Bone Disease. The microcomputed tomography analysis was performed to determine the bone mass of fixed femurs by the UAB Small Animal Bone Phenotyping Core associated with the Center for Metabolic Bone Disease.

uCT analysis

Excised mouse humerus and femurs were scanned using the Scanco CT40 desktop cone-beam micro-CT (mCT) scanner (Scanco Medical AG, Bruttisellen, Switzerland). The trabecular bone scanning was performed from the growth plate (310 slices at 12 mm per slice) analyzed using the CT Evaluation Program (v5.0A; Scanco Medical). The scanning and analysis of the cortical bone were performed at the midshaft of the femur and consisted of 25 slices (12 mm per slice).

Skeletal staining

For skeletal preparations, mice were skinned, eviscerated, fixed in 95% (vol/vol) ethanol, cleared in acetone, stained with Alizarin red and/or Alcian blue stains, and sequentially cleared in 1% KOH. Cartilage and mineralized bone were characterized by different colors (blue and red, respectively) after the stain, according to standard protocols [16].

Bone tissue preparation

Femurs and tibiae of mice were harvested, skinned, and fixed in 4% (wt/vol) paraformaldehyde overnight. Samples were then dehydrated in ethanol solution and decalcified in 10% (wt/vol) EDTA for 1–4 week(s). For paraffin sections, samples were dehydrated in ethanol, cleared in xylene, embedded in paraffin, and sectioned at 6 μ m with Leica microtome and mounted on Superfrost Plus slides (Fisher). For frozen sections, samples were infiltrated in 30% (wt/vol) sucrose, embedded in optimal cutting temperature compound, sectioned at 8 μ m with a freezing microtome, and affixed to Superfrost Plus Gold slides (Fisher). Histological analysis was performed including staining with Von Kossa, Picro Sirius Red (ab150681), Safranin O, Alkaline phosphatase (ALP) and hematoxylin/eosin (H&E) stains using paraffin sections.

Immunohistochemistry (IHC)

Six micrometer paraffin sections were deparaffined and antigens retrieval was achieved by heat treatment with a commercial reagent (Abcam AB970). IHC staining was performed using a commercial kit (vector laboratories, Mouse on Mouse Basic kit CAT#BMK-2202). Primary antibodies: rabbit-anti-Col X (Abcam, ab58632), mice-anti-col2 (Santa cruz, sc-52658), rabbit-anti-mmp13 (Abcam, ab39012), rabbit-anti-Opn (osteopontin) (Abcam, ab8448), anti-Cbfb (Santa Cruz, sc-56751), rabbit-anti-Runx1 (Abcam, ab23980), rabbit-anti-Runx2 (Abcam, ab23981), rabbit-anti-Osx (Osterix) (Abcam, ab22552). The procedure was following the manufacturer's instructions. Slides were counterstained by hematoxylin.

Immunofluorescence analysis

Osteoblast and chondrocyte genes were analyzed by immunofluorescence (IF) using the following primary antibodies: mice-anti-PTHrP-R (Santa Cruz, sc-12722), rabbit-anti-Ihh (Abcam, ab39634), Rabbit-anti-cyclinD1 (Santa cruz, sc-8396) and these secondary antibodies: FITC-goat-anti-mouse IgG(H + L) and TR-goat-anti-rabbit IgG (H + L). Imaging was taken by Leica Confocal Microscope and Zeiss fluorescent microscope.

Quantitative real-time PCR analysis

mRNA was extracted from cultured by using TRIzol (Invitrogen) and then reverse transcribed into cDNA according to the manufacturer's manual (qScript cDNA Synthesis Kit, Quanta Biosciences Inc.). Genes were analyzed by quantitative real-time PCR (qRT-PCR) using the StepOne Real-Time PCR System (Life Technologies). Gapdh and Hprt were used as internal controls. The primer sequences are shown in Supplementary Table S1.

Western blots assay

Proteins samples were loaded on SDS-PAGE and electric transferred to nitrocellulose membranes. Runx1, Ihh, PTH1R, Col2 α 1, Col10 α 1, Opn, Ocn, Runx2, and CBF β protein levels were analyzed using GAPDH as a loading control, Primary antibodies are the antibodies used in the IHC and IF stain. Secondary blotting was performed using horseradish peroxidase-linked anti-rabbit IgG (7074) and horseradish peroxidase-linked anti-mouse IgG (7076) (Cell signaling).

Primary cell culture and ATDC5 cell transfection

Chondrocytes from the mice knee joint were harvested as described [1,17] and micromass cultures-Plate cells as 10 μ l micromass drop in a 24-mm tissue culture well and incubate at 5% CO₂, 37°C in a humidified tissue culture incubator for 1.5 or 2 h to allow cell attachment were applied for 7-day and 14-day [18]. Alcian blue staining was used to detect the chondrogenesis. Calvarial cells were isolated from newborn mice and seeded in cell culture dishes at a density of 3×10^3 cells/cm², as previously described [19], and ALP and oil-red staining was conducted in cultured dishes as previously described [20]. Von Kossa staining was operated in cultured wells as previously described. For retrovirus production, pMXs vectors was transfected into 293GPG cells and for lentivirus production using a calcium phosphate co-precipitation method and retrovirus supernatant were harvested between 48 and 96 h [21]. And retrovirus titers were determined by transfecting HEK293T cells with serial dilutions of virus supernatant. ATDC5 cells were transduced with virus supernatant in the presence of 8 μ g ml⁻¹ polybrene (Sigma) for 24 h before induced with chondrogenesis induction medium.

Adipogenesis assays

Confluent cultures of primary calvarial cells were subjected to adipogenic medium containing 0.1 μ M dexamethasone, 50 μ M indomethacin, and 5 μ g/ml insulin for 14 days. The progression of adipogenesis was monitored under light microscope. At the end of culture period, cells were stained for lipid droplets using Oil-Red-O stain as described [20].

Chromatin immunoprecipitation

Chondrocytes were induced from ATDC5 cell line for 7 days and ChIP was performed as previously described [22]. After immunoprecipitation using monoclonal anti-Runx1 antibody (ab23980; Abcam) and DNA extraction, quantitative PCR was performed using the primers in the promoter region of the mouse gene *Ihh*. Primer sequences are presented in the Supplementary Table S2.

Promoter analyses

Ihh promoter sequences were analyzed for putative Runx binding sites with PROMO3.0 (<http://algggen.lsi.upc.es/>) using version 8.3 of the TRANSFAC database. The promoter region (–) and (+) of the mouse *Ihh* gene was amplified by PCR from a murine *Ihh* BAC clone (CH29-567C21; CHORI). Primer sequences are available in Supplementary Table S3. Then the promoter regions were inserted into the pGL3-basic vector to construct the pGL3-*Ihh* promoter fragments. ATDC5 cells (Sigma) were cultured in 24-well plates, were transfected with the DNA mixture containing different pGL3-*Ihh* construct (0.3 μ g) and β -GAL-expressing plasmids (0.06 μ g), with or without Runx1 expressing vector (psport6-CMV-Runx1, 0.3 μ g) using a calcium phosphate co-precipitation method. Luciferase was detected using Glo Luciferase Assay System (Promega) as described [20,22]. The β -GAL activity of the cell lysates was analyzed using β -Galactosidase Enzyme Assay System (E2000; Promega). The level of luciferase activity was normalized to the level of β -GAL activity.

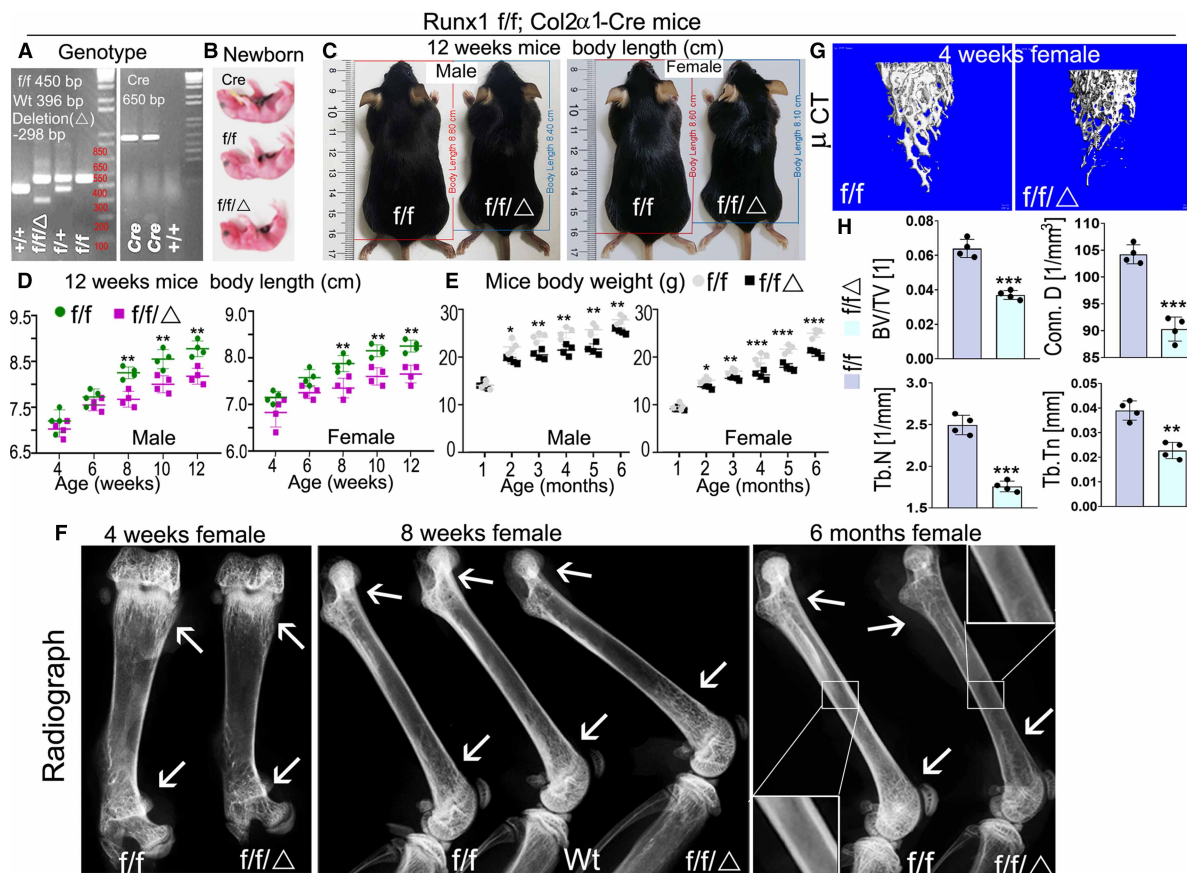
Statistical analysis

Data were presented as mean \pm SD ($n > 3$). Student's *t*-test was used to assess the statistical significance, values were considered statistically significant at $p < 0.05$. Results are representative of at least four individual experiments. Figures are representative of the data.

Results

Chondrocyte-specific deficiency of *Runx1* caused dwarfism, decreased body weight, and decreased bone density in mutant mice

To study the function of *Runx1* in chondrocyte differentiation and endochondral bone formation, we crossed *Runx1*^{fl/fl} mice with *Col2 α 1-cre* transgenic mice to generate the *Runx1*^{fl/fl}*Col2 α 1-cre* mutant mice. Genotyping was confirmed by PCR (Figure 1A). *Runx1*^{fl/fl}*Col2-cre* mice had shorter stature and lower body weight compared with *Runx1*^{fl/fl} and *Col2 α 1-cre* controls (Figure 1B–E). The growth curves of murine weight revealed that the weights of the newborn mutant mice were only slightly lower than the littermate controls, however, after 2 months, the mutant mice body weight remained significantly lower than that of the control groups (Figure 1E).



Furthermore, the body length of mutant mice was significantly shorter than that of WT mice from the same litter beginning from 8 weeks (Figure 1D). X-ray examination the long bones of 4-week, 8-week, and 6-month-old mice showed *Runx1*^{*f/f*}*Col2α1-cre* mice had a significant reduction in ossification, bone density, and trabecular thickness (Figure 1F). To determine the function of *Runx1* in trabecular bone formation, we performed Micro computed tomography (μCT) analysis of 4-week-old murine femurs to analyze the differences of bone structural parameters, which demonstrated that in *Runx1*^{*f/f*}*Col2α1-cre* mice, the ratio of bone volume/tissue volume (BV/TV) was decreased by 42%, the trabecular bone numbers (Tb. N) were decreased by 30%, trabecular bone thickness (Tb. Tn) was reduced by 42%, and connectivity density (Conn. D) was decreased by 13% compared with control mice (Figure 1G,H). Taken together, these results demonstrated that *Runx1* deficiency in chondrocytes and osteoblasts results in dwarfism, weight and body length reduction, and a significant decrease in bone density during postnatal skeletal development.

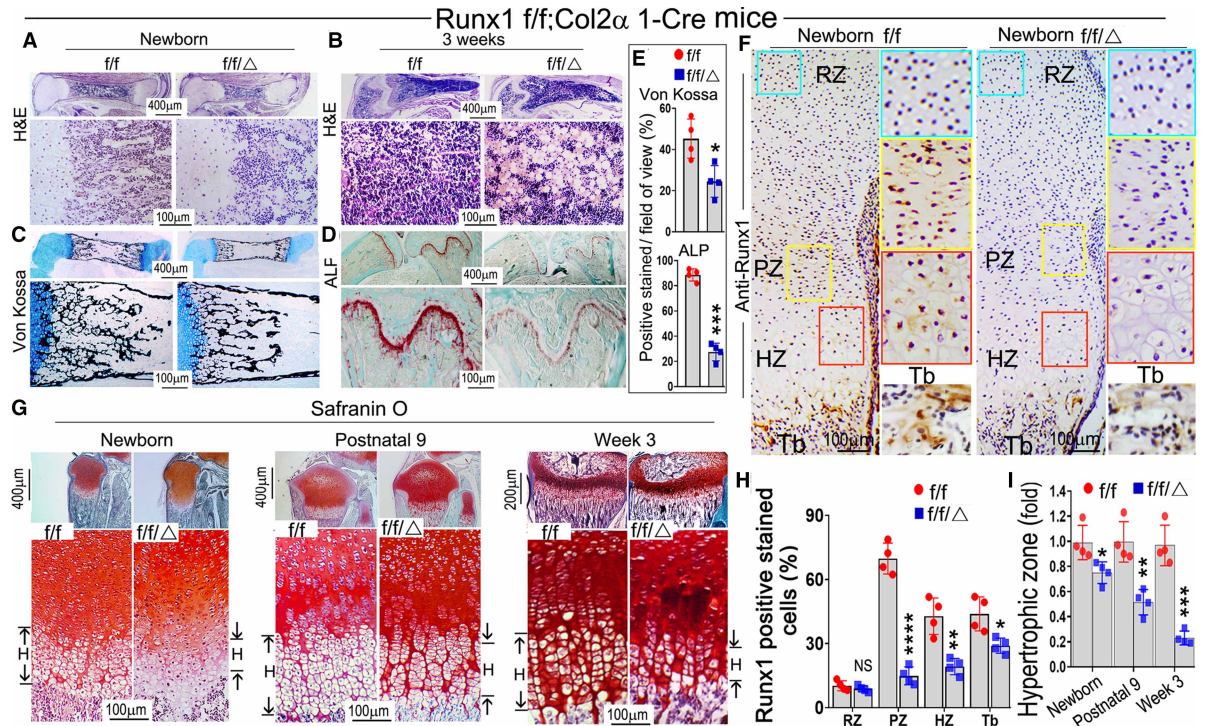


Figure 2. Postnatal *Runx1^{f/f}Col2α1-cre* mice display impaired trabecular bone formation and deformed growth plates. (A,B) Hematoxylin and eosin (H&E) staining of (A) newborn and (B) 3-week-old murine *Runx1^{f/f}Col2α1-cre* and *Runx1^{f/f}* femurs. (C) Von Kossa staining of the newborn murine femurs. (D) ALP staining of 3-week-old murine femurs and tibias. (E) Quantification of (C) Von Kossa staining and (D) ALP staining. (F) Immunohistochemistry (IHC) staining of newborn wild type and *Runx1^{f/f}Col2α1-cre* mice femur sections by using anti-Runx1 antibodies to detect the expression of Runx1 in the growth plates. RZ, resting zone; PZ, proliferation zone; HZ, hypertrophic zone; Tb, trabecular bone. (G) Safranin O staining of the tibias from newborn, postnatal 9, and 3-week-old mice. H denotes hypertrophic zone. (H) Quantification of Runx1 positive staining cells in (F). (I) Measurement the length of the hypertrophic zone in (G). All data are presented as mean ± SD, *n* = 6, NS denotes not significant, **p* < 0.05, ***p* < 0.01, ****p* < 0.001.

Postnatal *Runx1^{f/f}Col2α1-cre* mice display impaired trabecular bone formation and deformed growth plates

Alizarin red and Alcian blue staining of newborn, 1-week-old, and 2-week-old mice skeletons revealed that multiple parts of the *Runx1^{f/f}Col2α1-cre* mice skeletons displayed delayed endochondral bone formation (Supplementary Figure S1A). The body length of mutant mice was shorter than the control groups (Supplementary Figure S1A, left panel), the vertebra in the mutant mice were less developed (Supplementary Figure S1A, middle panel), as shown by the red and yellow arrows, while the long bones of mutant mice were shorter and smaller than those in the control group (Supplementary Figure S1A,B). These data indicate that deficiency of Runx1 may result in delayed development of murine cartilage and long bones seen in *Runx1^{f/f}Col2α1-cre* mice. To determine the whether the delayed bone formation in the mutant mice was the result of decreased trabecular bone formation, hematoxylin and eosin (H&E) staining was performed on the newborn, 3-week-old, and 6-month-old *Runx1^{f/f}Col2α1-cre* and *Runx1^{f/f}* murine femurs. The results showed that trabecular bone formation in the mutant bone marrow was significantly decreased as compared with that in the control groups. Unexpectedly, adipocytes were greatly accumulated in the mutant bone marrow as show in both the 3-week-old and 6-month-old murine femur sections (Figure 2B; Supplementary Figure S2F (blue arrows)). This result was confirmed by Von Kossa staining of the newborn and 3-week-old femurs and vertebra, which demonstrated that the mineral deposition was decreased by 50% in the mutant bones as compared with that in the control groups (Figure 2C,E; Supplementary Figure S2C). Picro Sirius red staining of newborn femurs and 1-month-old mice tibias showed that collagen I expression level was dramatically reduced in the

mutant bones compared with the control groups (Supplementary Figure S2A,B), which further demonstrates that the bone formation was compromised in mutant mice. ALP staining was also performed on 3-week-old and 6-month-old murine long bones to observe the differences in osteoblast differentiation between the two groups, which showed that the osteoblast activity in mutant long bones was decreased by 77% as compared with that in the control group (Figure 2D,E; Supplementary Figure S2D). IHC staining was performed on the newborn cartilage to examine *Runx1* expression in murine growth plates. The results demonstrated that *Runx1* is expressed in the proliferation zone (PZ) and HZ; *Runx1* deletion in chondrocytes and osteoblasts lead to significantly decreased expression of *Runx1* in the PZ, HZ, and trabecular bone (Figure 2F,H). Safranin O staining was performed on the newborn, postnatal day 9, 3-week-old, and 6-month-old murine tibias and the results showed the mutant mice had a significant reduction in the width of the epiphyseal plate (Supplementary Figure S2E, yellow outlined region), with shorter HZs compared with littermate controls (Figure 2G,I), which resulted in the malformed growth plates in the mutant mice long bones. Moreover, the hypertrophic chondrocytes in the mutant mice growth plates showed irregular arrangements and failed to organize into well-formed columns compared with those in the control groups (Figure 2G). Collectively, our results demonstrated that *Runx1* deficiency in chondrocytes led to the decreased postnatal cartilage and long bone formation, which may result from the impaired trabecular bone formation and deformed growth plate in the mutant mice.

***Runx1* deficiency in chondrocytes leads to the decreased expression of chondrocyte hypertrophy genes**

The results above showed *Runx1^{fl/fl}Col2α1-cre* mice had shorter HZs in the growth plate. To investigate the effects of *Runx1* deletion on the chondrocytes in murine cartilage, we performed PCNA staining on 3-week-old mice femurs (Figure 3C). The results showed PCNA positive cells were decreased by 76% in the mutant growth plates compared with control (Figure 3C,G). To identify the role of *Runx1* in chondrocyte differentiation, we performed IHC staining by using anti-Runx2, anti-collagen II (Col2α1), anti-collagen X (Col10α1), and anti-MMP13 on the growth plates of 3-week-old mice femurs (Figure 3B,D–F). We confirmed conditional deletion of *Runx1* by 80% in 3-week-old mutant mice (Figure 3A,G). *Col2α1*, which is mostly expressed in the pre-hypertrophic chondrocytes of the growth plate was reduced by 57% (Figure 3D,G). The expression of Col10α1 and MMP13, which are markers for hypertrophic and terminal stages of hypertrophic chondrocytes, were decreased in the 3-week-old mutant mice by 73% and 62%, respectively (Figure 3E–G). Notably, *Runx2* expression was decreased by 61% in the mutant mice (Figure 3B,G). Collectively, these results suggest that the reduced length of the HZs in mutant growth plates could be the result of the impaired differentiation of chondrocytes from the significantly decreased expression levels of key chondrocyte genes.

***Runx1* deficiency in chondrocytes leads to impaired osteoblast differentiation and down-regulation of *Ihh* and *CyclinD1* in murine femurs**

To investigate the effect of chondrocyte derived *Runx1* on osteoblast differentiation, we performed IF staining on the postnatal day 9 murine tibias. The expression of the pre-osteoblast marker OSX was significantly decreased in the trabecular bone of the mutant mice (Figure 4A). Moreover, a significant reduction in OPN and OCN was observed in the mutant trabecular bone (Figure 4B,C). These results reveal that *Runx1* expression in chondrocytes and osteoblasts is required for normal osteoblast differentiation. The rate of chondrocyte proliferation is regulated by cyclins, which form complexes with cyclin-dependent kinases. Recent data also suggest that IHH and PTH1R regulate cell cycle progression by the activation of cyclins [23]. Since our results showed decreased chondrocyte differentiation in mutant mouse chondrocytes, we examined the expression of cyclinD1, *Ihh*, and parathyroid hormone-related peptide receptor (PTH1R) by performing IF staining on the postnatal day 9 murine femoral slides (Figure 4D–F). The results showed that the expression of cyclinD1 decreased by 60% in the growth plates of mutant mice femurs compared with that in the control group (Figure 4E,G), which is consistent with decreased proliferation of chondrocytes observed in the mutant mice growth plates (Figure 2G). Moreover, *Ihh*, which is the main regulator of CyclinD1, was decreased by 60% in the mutant mice (Figure 4D,G). Consistently, PTH1R was decreased in the mutant growth plates by 57% (Figure 4F,G). Since *Ihh* is the main regulator of chondrocyte and osteoblast differentiation during

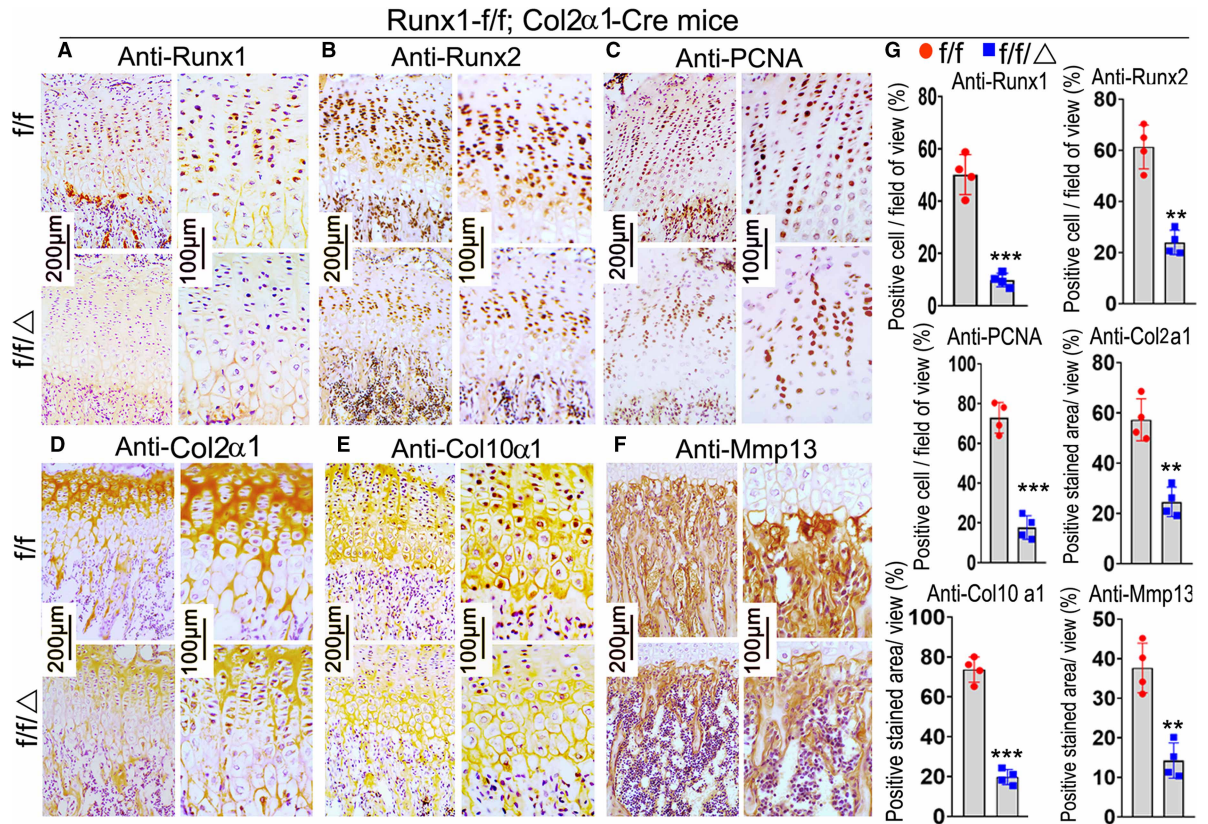


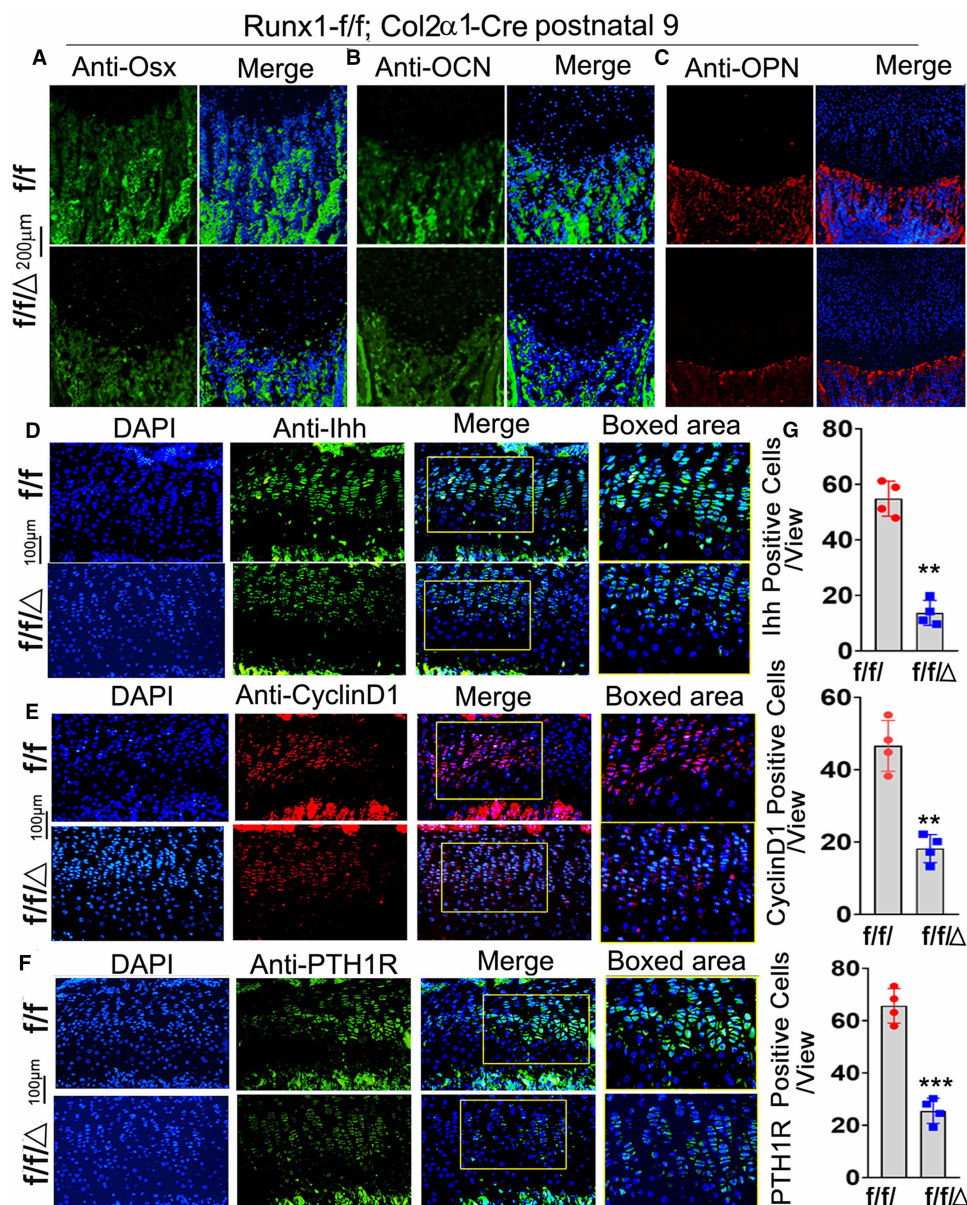
Figure 3. Runx1 deficiency in chondrocytes and osteoblasts leads to a decrease in the expression of chondrocyte hypertrophic related genes.

Immunohistochemistry (IHC) staining of chondrocyte differentiation marker genes in the femurs of 3-week-old *Runx1^{f/f}Col2α1-cre* and *Runx1^{f/f/f}* mice, including anti-Runx1 (A), anti-Runx2 (B), anti-PCNA (C), anti-Col2α1 (D), anti-Col10α1 (E), and anti-MMP13 (F). (G) Quantification of positive staining cells and area in (A)–(F). All data are presented as mean ± SD, *n* = 6, NS denotes not significant, ***p* < 0.01, ****p* < 0.001.

endochondral bone formation, the decreased expression of *Ihh* may contribute to the trabecular bone formation and deformed growth plate in the mutant mice. Collectively, our results demonstrated that *Col2α1-cre* mediated *Runx1* deletion affects chondrocytes differentiation by interacting with *Ihh*, *CyclinD1*, and *PTH1R* and then leads to decreased osteoblasts differentiation.

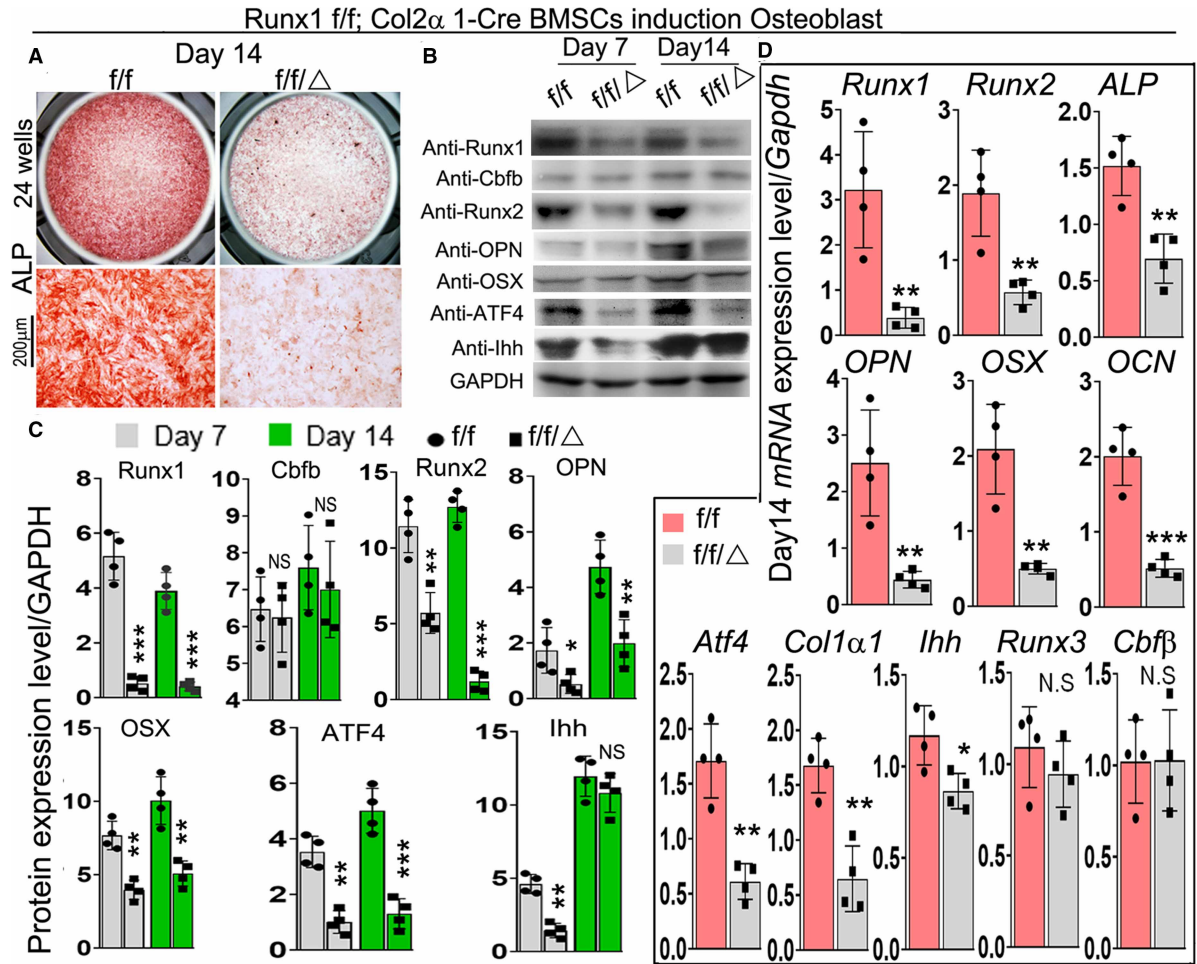
BMSCs from *Runx1^{f/f}Col2α1-cre* mice have inhibited osteogenic potency

To further determine the role of *Runx1* in osteoblast differentiation, we used bone marrow stromal cells (BMSCs) derived from bone marrow of 6-week-old murine long bones to examine the difference of osteoblast differentiation between mutant mice and control groups. After 14 days of culture in the osteogenic medium, ALP staining was performed on these cells, and the results revealed that osteoblast formation in mutant cells was significantly reduced compared with control cells (Figure 5A). Deletion of *Runx1* expression in BMSCs was confirmed by western blot (Figure 5B) and qPCR (Figure 5D). Analysis of protein levels of osteoblast-related genes demonstrated that protein levels of *Runx2* were significantly decreased in *Runx1^{f/f}Col2α1-cre* BMSCs at day 7 but not at day 14 compared with its control (Figure 5B,C). We also found that protein levels of *Runx1* binding partner *Cbfb* were not significantly changed in *Runx1^{f/f}Col2α1-cre* BMSCs (Figure 5B,C). Notably, protein levels of osteoblast genes *Opn*, *Osx*, and *Atf4* were decreased by 60%, 50%, and 80%, respectively, in day 14 *Runx1^{f/f}Col2α1-cre* BMSCs (Figure 5B,C). Interestingly, while the protein levels of *Ihh* were decreased by 70% in day 7 mutant BMSCs, there was no significant different in the *Ihh* protein levels



Immunofluorescence (IF) staining of osteoblast-related genes in newborn murine femurs with anti-*Osx* (A), anti-*OCN* (B), and anti-*OPN* (C). (D) IF staining by using anti-*Ihh*, (E) anti-*CyclinD1*, and (F) anti-*PTH1R* in postnatal 9 murine growth plates. (G) Quantification of IF staining positive cells and area in (D)–(F). All data are presented as mean \pm SD, $n = 6$, NS denotes not significant, ** $p < 0.01$, *** $p < 0.001$.

between WT and mutant BMSCs at day 14, while the levels of *Ihh* were significantly higher in day 14 BMSCs compared with day 7 (Figure 5B,C). Consistent with the western blot data, qPCR demonstrated significant decreases in the expression levels of *Runx2*, *Opn*, *Osx*, *Ocn*, and *Atf4* (Figure 5D). We suspect that *Runx2* expression is directly dependent on *Runx1*, although *Runx2* expression may also be regulated indirectly through *Ihh* signaling. However, further study is needed. Notably, there was no significant change in the expression levels of *Cbfb* and *Runx3* (Figure 5D). Taken together, these results indicate that expression of *Runx1* in chondrocytes is required for normal osteoblast differentiation.



Runx1* may interfere with *Ihh*, *CyclinD1*, and *PTH1R* to control chondrocyte proliferation and differentiation *in vitro

To investigate the molecular mechanism for the delayed endochondral bone formation of *Runx1^{f/f}Col2α1-cre* mice, *in vitro* chondrocyte differentiation assays were performed in a micromass culture pattern. Alcian blue staining of primary chondrocytes prepared from P0 *Runx1^{f/f}Col2α1-cre* mice growth plates showed significantly reduced matrix deposition in mutant chondrocytes, which is reflected by weaker Alcian blue staining of the cells on days 7 and 14 (Figure 6A), while ALP staining demonstrated a significant decrease in osteogenic capability during primary cartilage chondrogenic differentiation (Figure 6B). Interestingly, we found adipocytes accumulation in *Runx1^{f/f}Col2α1-cre* cell cultures (Figure 6A (blue boxed region), B (red boxed region)). mRNA and protein were harvested from the days 7 and 14 cultured cells in Figure 6A. Consistent with the previous results, PCNA and chondrocyte differentiation markers were significantly decreased at the mRNA and protein levels (Figure 6C–E). Consistently, the protein levels of *Ihh*, *CyclinD1*, and *PTH1R* were significantly down-regulated in the mutant chondrocytes both in mRNA and protein levels (Figure 6C–E). According to previous reports, *Runx1* may function with *Runx2* to regulate sternal development and chondrocyte commitment [14].

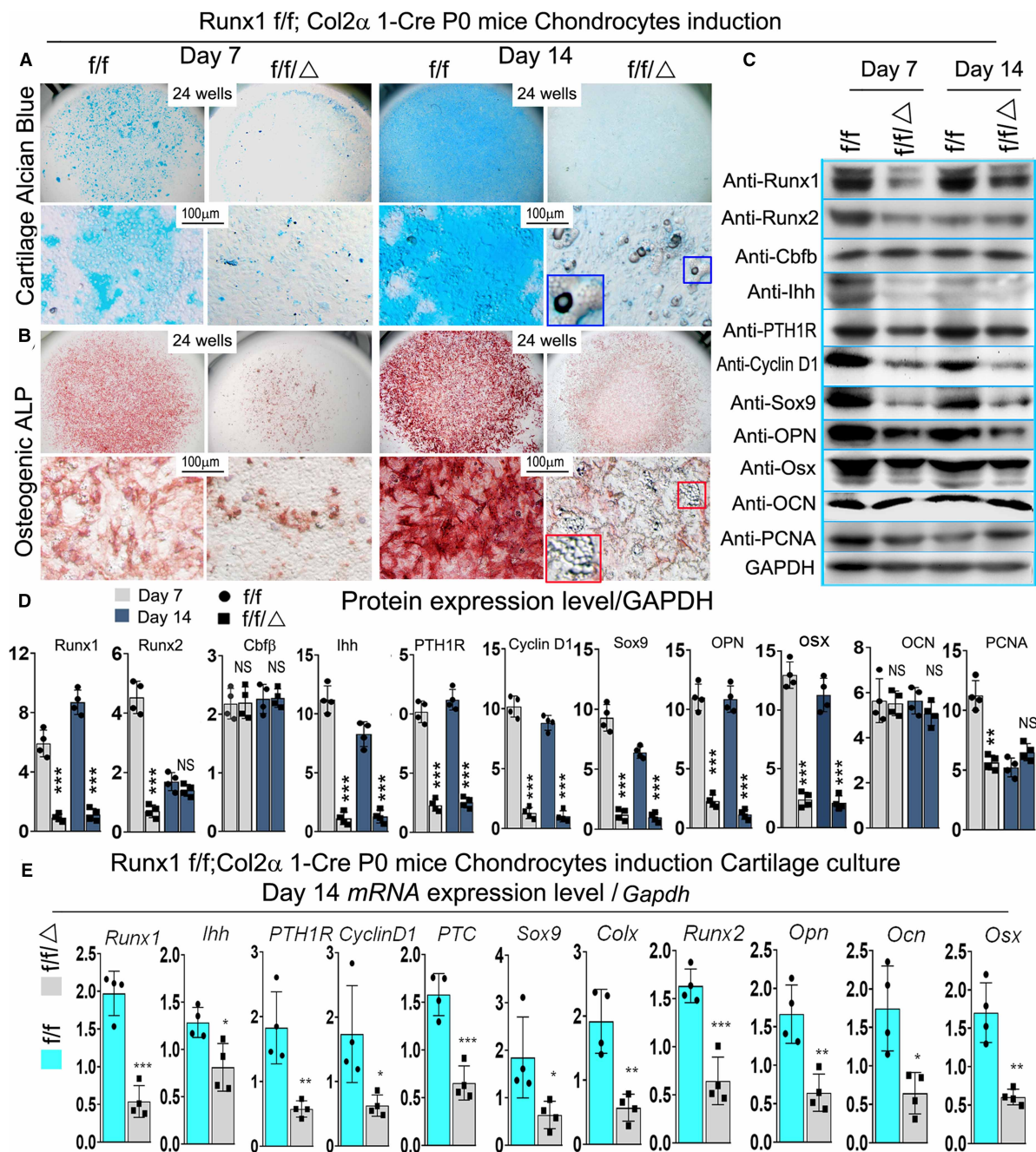


Figure 6. Runx1 may interfere with Ihh signaling to regulate chondrocyte proliferation and differentiation *in vitro*. (A,B) Micromass culture of chondrocytes derived from *Runx1^{f/f}Col2 α 1-cre* and *Runx1^{f/f}* newborn mice growth plates. The blue and red boxed and zoomed area referred to adipocytes. (A) Alcian blue and (B) ALP staining was performed at days 7 and 14. (C) Western blot was performed on cultured chondrocytes of days 7 and 14 from A to evaluate the protein levels of Runx1, Runx2, Cbfb, Ihh, PTH1R, Cyclin D1, Sox9, Opn, Osx, Ocn, and PCNA. (D) Quantification data of (C). (E) qPCR was used to analysis the expression level of Ihh signaling-related genes in day 14 chondrocytes. All data are presented as mean \pm SD, $n = 4$, NS denotes not significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

We examined the expression of Runx2 in chondrocytes from *Runx1^{f/f}Col2 α 1-cre* mice through Western blot. Consistent with the results of IHC staining (Figure 3B), the results revealed that the expression of Runx2 at protein level was decreased by 82% at day 7 (Figure 6C,D) and 61% at day 14 at mRNA level (Figure 6E).

Runx1 f/f;Col2α1-Cre Newborn calvarial cells induced by osteogenesis medium

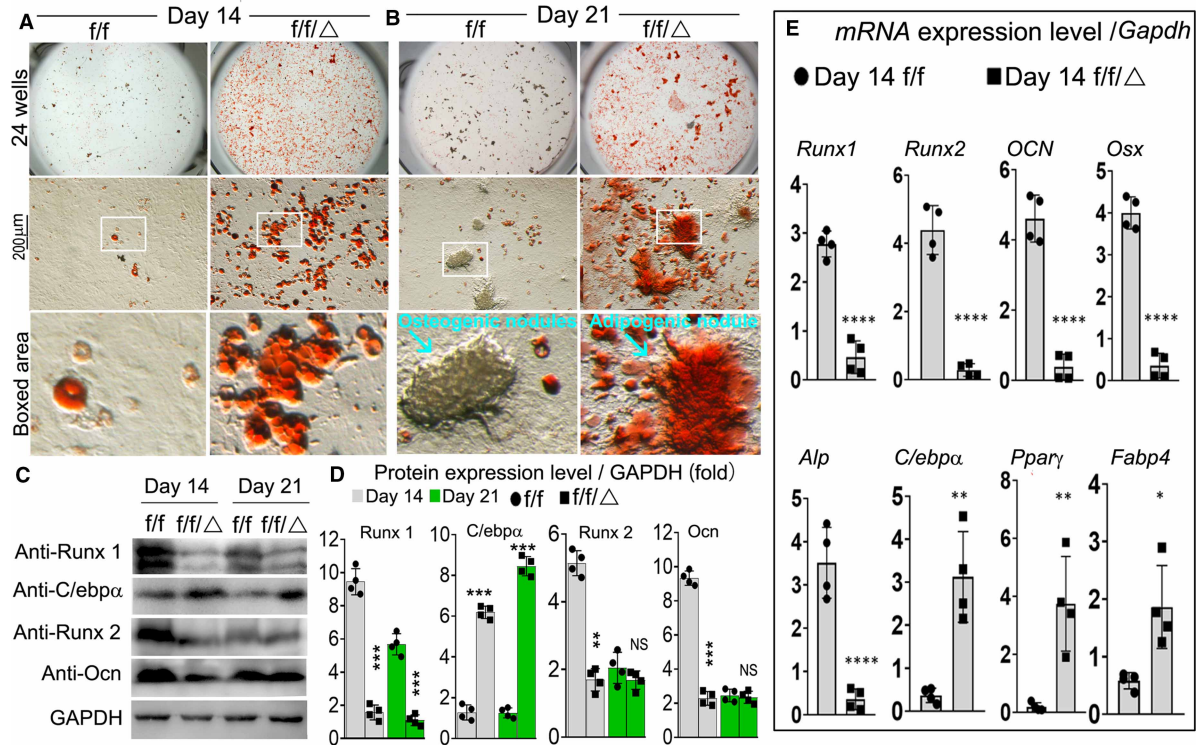


Figure 7. Runx1 cell-autonomously regulated osteoblasts and adipocytes differentiation.

(A,B) Oil-red staining of *Runx1*^{f/f} and *Runx1*^{f/f}*Col2α1-cre* newborn mice calvarial cells induced by osteogenesis medium for (A) 14 and (B) 21 days. (C) Western blot was performed to examine the protein levels of osteoblasts makers and adipocytes markers in *Runx1*^{f/f} and *Runx1*^{f/f}*Col2α1-cre* newborn mice calvarial cells induced by osteogenesis medium for 14 days and 21 days. (D) Quantification of (C). (E) qPCR for osteoblast markers and adipocytes markers expression in *Runx1*^{f/f} and *Runx1*^{f/f}*Col2α1-cre* newborn mice calvarial cells induced by osteogenesis medium for 14 days. All data are presented as mean ± SD, *n* = 4; **p* < 0.05, ***p* < 0.01, ****p* < 0.001 *****p* < 0.0001.

Notably, the levels of Sox9 were significantly decreased at both the mRNA and protein level (Figure 6C–E), while the expression levels of Opn, Osx were similarly decreased (Figure 6C–E).

Runx1 deficiency in chondrocytes leads to adipocyte differentiation after osteogenesis or adipogenesis induction for 14 and 21 days

To further explore *Runx1* regulation of lineage cell differentiation, we performed oil-red staining of *Runx1*^{f/f}*Col2α1-cre* and WT calvarial cells (Figure 7A,B; Supplementary Figure S3C). Our results demonstrate that after osteogenesis induction for 14 and 21 days, oil-red staining was significantly increased in the mutant group compared with the WT group (Figure 7A,B; Supplementary Figure S3C). In addition, we cultured the calvarial cells with adipogenesis medium for 14 days followed by oil-red staining, which was dramatically increased in the mutant group (Supplementary Figure S3D,E), which further demonstrated that adipocyte differentiation was promoted after *Runx1* was deficient in chondrocytes. We also found significant reductions in osteogenesis and mineralization in newborn *Runx1*^{f/f}*Col2α1-cre* calvarial cells after osteogenesis induction (Supplementary Figure S3A,B). Notably, we found that the protein levels of osteogenesis-related markers Runx2 and OCN were significantly decreased in the mutant mice compared with the control mice (Figure 7C,D). However, the protein levels of adipogenic marker C/ebpα were increased by over 4-fold in the mutant mice compared with control mice (Figure 7C,D). Similarly, we found that expression of osteoblast markers Runx2, OCN, and Osx were decreased by 95%, 90%, and 90%, respectively, while the expression of adipogenesis genes

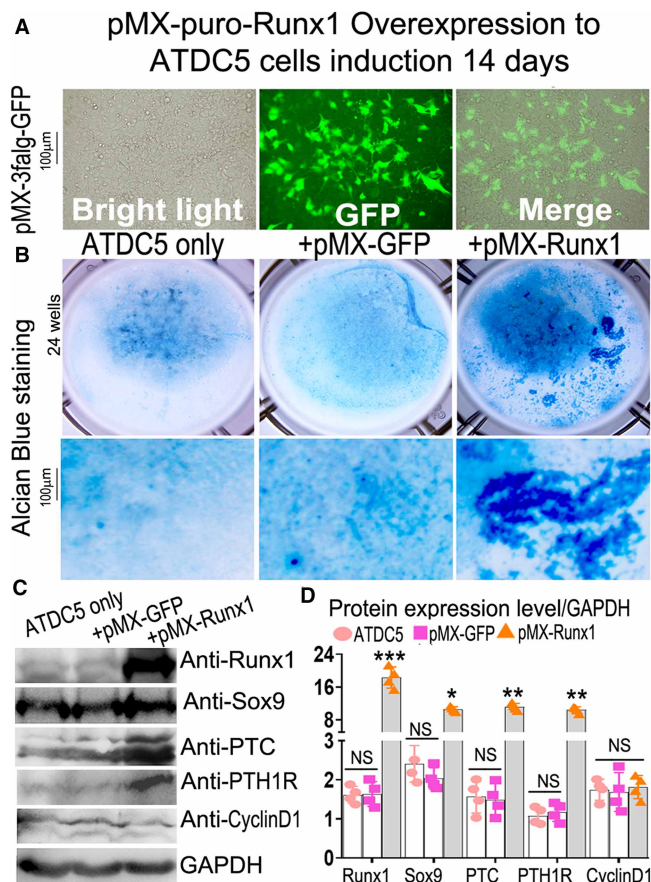


Figure 8. Overexpression of Runx1 dramatically increases chondrocyte differentiation in ATDC5 cells.

(A) overexpression of GFP in 14 days induced ATDC5 cells by retrovirus. (B) retrovirus-mediated overexpression of Runx1 in ATDC5 cells. (C) Western blot was performed on day 14 cultured chondrocytes to evaluate the protein levels of osteoblast genes and Ihh signaling-related genes. (D) Quantification of protein levels in (C). All data are presented as mean \pm SD, $n = 4$, NS denotes not significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

C/ebp α , Ppar γ , and Fabp4 were increased by 85%, 92%, and 71%, respectively (Figure 7E). These results suggest that Runx1 can cell non-autonomously regulate adipocytes differentiation.

Overexpression of Runx1 dramatically increases chondrocyte differentiation in ATDC5 cells

Using a pMX-puro-GFP control vector, we generated a retrovirus encoding the GFP cDNA to infect ATDC5 cells, and we showed that GFP was highly expressed post-infection (Figure 8A), confirming that this retroviral system can sustain high gene expression for our overexpression studies. Retrovirus-mediated overexpression of Runx1 in ATDC5 cells significantly increased chondrocyte differentiation (Figure 8B), as well as increased the protein levels of Runx1, Sox9, PTC, and PTH1R by 90%, 80%, 85%, and 90%, respectively (Figure 8C,D). Collectively, the results indicated that Runx1 may co-operate with Runx2 to regulate chondrocyte differentiation by interacting with Ihh signaling.

Runx1 regulates Ihh expression by directly binding to its promoter

ChIP assay was performed to determine whether Runx1 binds to the Ihh promoter to control osteoblast and chondrocyte differentiation. We analyzed the Ihh promoter regions and designed primers accordingly by using an online transcription factor binding site predictive tool (algggen.Lsi.Upc.es). We identified five binding sites in the Ihh promoter region (–3919 to +270) (Figure 9A). ChIP assay was performed by using an anti-Runx1

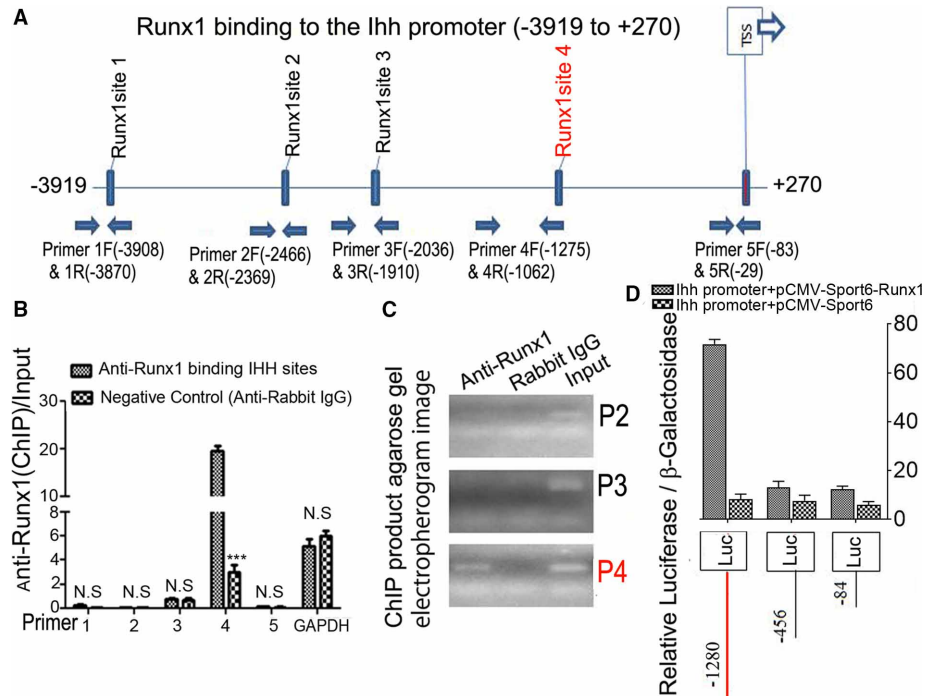


Figure 9. Runx1 regulated *Ihh* expression by directly binding to its promoter.

(A) Schematic display of *Ihh* promoter region (–3919 to +270): TSS, predicted *Runx1*-binding sites, and ChIP primers positions. (B) ChIP analysis of *Runx1* binding to the *Ihh* promoter in ATDC5 cell line induced 7 days using primers as indicated on the x-axis. Results are presented as ChIP/Input. (C) Agarose gel image using ChIP qPCR products in (B). (D) *Ihh* promoter fragments were inserted into pGL3-basic vector. ATDC5 cells were co-transfected with pGL3-*Ihh* –84 bp, –456 bp, –1280 bp and *Runx1*. Luciferase was detected at 48 h post transfection and normalized to β -gal activity. All data are presented as mean \pm SD, $n = 4$, NS denotes not significant, *** $p < 0.001$.

antibody, and DNA was pulled down, amplified, and analyzed by using the primers. The ChIP input value represents the binding efficiency of the adjacent region around the location of the primer pair. The results showed that *Ihh* primer 4 resulted in the highest binding value compared with other primers, indicating *Runx1* potentially binds to the *Ihh* promoter on the binding sites around site 4 (Figure 9B,C). To investigate the functional role for *Runx1* in binding the *Ihh* promoter we performed a luciferase assay by cloning the relevant region into pGL3. The promoter luciferase analysis showed that luciferase activity was highest when driven by the longest *Ihh* promoter fragment (–1280/+80) with co-expression of *Runx1* and significantly lower when driven by the other *Ihh* promoter fragments or without co-expression of *Runx1* (Figure 9D). Taken together, these results demonstrate that *Runx1* deletion impacts chondrocyte and osteoblast differentiation by affecting the expression of genes critical to osteoblast and chondrocyte differentiation, and that *Runx1* regulates *Ihh* expression at the transcriptional level by directly binding its promoter.

Discussion

In this study, we found that *Runx1* is expressed at different stages of both chondrocyte and osteoblast differentiation, and that *Runx1* ablation in chondrocytes resulted in compromised endochondral bone formation including the delayed development of the vertebra and trabecular bones, inhibited chondrocyte and osteoblast differentiation, and decreased the length of the HZ, indicating that *Runx1* deletion in chondrocytes impaired growth plate development and hypertrophic chondrocytes. Furthermore, *Runx1* deficiency in chondrocytes resulted in decreased expression levels of *Ihh*, *CyclinD1*, and *PTH1R*. ChIP and promoter analysis revealed that *Runx1* directly binds to the *Ihh* promoter to regulate its expression, indicating that *Runx1* directly regulates the transcriptional expression of chondrocyte marker genes and osteoblast marker genes. Collectively, we revealed that *Runx1* governs chondrocyte to osteoblast lineage commitment and promotes endochondral bone formation

through enhancing both chondrogenesis and osteogenesis genes expressions, indicating *Runx1* may be a therapeutic target to enhance endochondral bone formation and prevent osteoporosis fractures.

Runx1 has been shown to be expressed in mesenchymal condensation sites, prechondrocytic tissues, resting and proliferative chondrocytes [12]. Due to its expression pattern, many studies have focused on the function of *Runx1* in the early development stage of skeletal development, yet its role in chondrocyte differentiation and endochondral bone formation, and the mechanism underlying which factors regulate chondrocyte to osteoblast lineage commitment and the function of chondrocyte to osteoblast commitment remain unknown. Studies showed that *Runx1* induces mesenchymal stem cell commitment to early stages of chondrogenesis [13]. Both *Runx1* and *sox9* are intensely expressed in skeletal elements that later give rise to bone and cartilage [9]. It has been demonstrated that during the early stage of skeletal mesenchymal cells differentiation into chondrocytes and osteoblasts, *Runx1* and *Runx2* are co-expressed [12,13]. In addition, *Runx1* overexpression in skeletal mesenchymal cells causes to chondrocyte differentiation, but *Runx1* knockdown causes to *Runx2* decline as well as chondrocyte and osteoblast differentiation defect [13]. *Runx1* has also been shown to co-operate with *Runx2* to regulate the commitment of mesenchymal cells to commit to chondrocytes [14]. However, the role of *Runx1* in chondrocyte differentiation and endochondral ossification still remains largely unknown. Thus, in the current study we crossed *Col2α1-Cre* mice with *Runx1^{fl/fl}* mice to delete *Runx1* specifically in chondrocytes to study the function of chondrocyte derived *Runx1* in endochondral bone formation. Our results have demonstrated the pivotal role of *Runx1* in maintaining normal postnatal growth plate structures and trabecular bones.

Ono et al. [1] reported that a subset of chondrogenic cells provides early mesenchymal progenitors in growing bones, indicating an important role of chondrogenic cells in endochondral bone formation. Yet the mechanism underlying which factors regulate chondrocyte to osteoblast lineage commitment remain unknown. Our data showed that *Runx1* is expressed at different stages of both chondrocyte and osteoblast differentiation (Figure 2F). Interestingly, our *in vitro* chondrocyte culture data showed that both chondrocyte and osteoblast marker genes are expressed in chondrocytes *in vitro*, and the expressions of these marker genes were significantly decreased in *Runx1^{fl/fl}Col2α1-cre* chondrocytes (Figure 6). This indicates that *Runx1* may play a key role in regulating chondrocyte to osteoblast lineage commitment by regulating the expression of key chondrocyte and osteoblast genes.

In previous studies, *Runx1* was selectively deleted in limb mesenchyme by using *Prx1-cre*, and only a slight and transient inhibition of sternal mineralization was observed, while no phenotypes were observed in the long bones [14]. Furthermore, their studies also showed no abnormal skeletal morphogenesis in the *Runx1^{fl/fl}Prx1-cre* mice [14,24]. *Prx1⁺* cells do not exist in the metaphysis mesenchymal progenitors which later differentiate into trabecular bone, and part of them residing in the periosteum of cortical bone, which leads to the growth of cortical bone [25]. In fact, *Col2α1⁺* cells not only marked chondrocytes and perichondrial cells, but also osteoblasts and stromal cells progressively in the metaphysis [1] which later leads to the growth of trabecular bone. Thus, the cell clusters that *Prx1-cre* and *Col2α1-cre* marked have several key differences, which led to the fact that the *Runx1^{fl/fl}Prx1-cre* mice model phenotypes were not obvious while our *Runx1^{fl/fl}Col2α1-cre* mice model was apparent. In addition, the previous research was limited to P0 to 3-week-old mice using *Prx1-cre* but our research was from P0 to 24 weeks old using *Col2α1-cre*. Liakhovitskaia et al. [26] found that *Runx1* plays an essential role in the development of the sternum and some skull elements, but is not essential for major skeletal development. Their research only focused on the embryos of *Runx1* reversible knockout mice. In our study, we examined mice from P0 to 24 weeks old to determine the role of *Runx1* in endochondral ossification. Interestingly, we observed the delayed bone formation in vertebra (Supplementary Figure S2C) and trabecular bones (Figure 1F,G) of *Runx1^{fl/fl}Col2α1-cre* mice at different ages. These results were confirmed by our histological examinations of vertebra and trabecular bones, which showed decreased length of the HZ, resulting in the shorted growth plates in the mutant cartilage (Figure 2G). Furthermore, the expression of chondrocyte differentiation markers also decreased accompanied by the deformed chondrocytes and disorganized hypertrophic chondrocytes in the mutant growth plates (Figure 3). *Runx1* is involved in chondrocyte proliferation and lineage determination [7], and whereas *Runx1* is predominately expressed in the proliferative and pre-hypertrophic chondrocytes, *Runx2* is expressed primarily by hypertrophic chondrocytes of the growth plates [27]. Thus, following conditional deletion of *Runx1*, resting and proliferative chondrocytes cannot differentiate into hypertrophic chondrocytes due to the loss of *Runx2* regulation, leading to the significant reduction in trabecular bone observed in *Runx1^{fl/fl}Col2α1-cre* mice. Moreover, the expression of PCNA decreased in *Runx1^{fl/fl}Col2α1-cre* mice. Thus, the shorter stature of the mice may be due to the inhibition of the chondrocyte differentiation and terminal maturation. Given the reduced numbers of hypertrophic chondrocytes, osteoblasts,

and reduced trabecular bone in *Runx1^{ff}Col2α1-cre* mice, *Runx1* may maintain trabecular bone formation through its regulation of *Runx2*, *Ihh*, *CyclinD1*, and *PTH1R* in hypertrophic chondrocytes.

The deficiency of *Runx1* can lead to the delayed endochondral bone formation, which may partly result from the impaired chondrocyte and osteoblast differentiation during postnatal skeletal development. Our findings demonstrate that *Runx1* is required for chondrocyte development and maintaining a normal growth plate. *Runx1* has been reported to exhibit a unique spatial and temporal expression pattern during bone formation, which is different from the expression patterns of other Runx proteins [12]. Previous studies mostly focus on the embryonic development of *Runx1* deficiency in the chondrocytes [14], while our observation points were from newborn to 6-month-old mice. Furthermore, due to the mutation's phenotypic penetrance and expressivity, not all the mice that carry the mutation of *Runx1* will also show the related phenotypes [28]. Studies also revealed that haploinsufficiency of *Runx1* may not be sufficient to impair chondrogenesis [5,24]. Taken together, our results provided the compelling evidence that *Runx1* plays an important role in maintaining normal chondrocyte and osteoblast development.

Cell fate-mapping studies revealed that cells expressing cre-recombinases driven by the *Col2α1* promoter contribute not only to chondrocytes and perichondrial cells, but also to osteoblasts and mesenchymal progenitor cells at later stages [1]. In our studies, the mutant mice displayed a reduced bone density and trabecular bone formation. Furthermore, the bone defects of mutant mice occurred predominately in the trabecular bone formation. These defects may be due to impaired osteoblast development. Furthermore, our IF staining results showed that the protein levels of *Osx*, *Ocn*, and *Opn* were significantly decreased in the mutant trabecular bone compared with control groups (Figure 4A–C). *In vitro* data also confirmed that *Runx1* deficiency in chondrocytes and osteoblasts resulted in decreased expression of osteoblast-related genes at both the mRNA and protein levels. Interestingly, bone marrow adipocytes began to accumulate in the mutant limbs as early as 3-week-old (Figure 2B). Since osteoblasts and adipocytes are derived from the same undifferentiated mesenchymal cells, these results suggest that *Runx1* may also have a function in osteoblast cell fate determination, which warrants further study to elucidate the underlying mechanisms. Notably, the protein levels of adipogenesis genes were significantly increased in the mutant mice compared with control mice, while the expression of osteoblast markers were significantly decreased (Figure 7). Our previous research shows that the Cbfb/Runx heterodimer regulates osteoblast–adipocyte lineage commitment both cell non-autonomously through enhancing β-catenin signaling and cell autonomously through suppressing adipogenesis gene expression to maintain osteoblast lineage commitment and increase chondrocyte gene expression [20]. Thus, this could be the reason why chondrocyte-specific deletion of *Runx1* can lead to increased adipogenesis. These results suggest that *Runx1* may be required to suppress adipocyte lineage commitment.

Growth plate development is regulated by many signaling pathways such as BMPs, FGFs, and Wnts [2]. *Ihh*-PTH1R signaling is a key signaling regulator of chondrocyte proliferation and maturation [29]. Expression of *Ihh* by pre-hypertrophic chondrocytes leads to proliferation of growth plate chondrocytes, and up-regulation of PTH1R inhibits chondrocyte differentiation and down-regulates *Ihh*, thus completing the negative feedback loop [30]. The Runx family undergoes cross-talk with key signaling pathways and transcriptional programs that specify cell fate, especially including the osteogenesis, such as Wnt, TGFβ, and BMP signaling [31]. Runx proteins are highly regulated by several signaling networks to control musculoskeletal development and bone maintenance [32,33]. *Runx2* has been shown to regulate chondrocyte proliferation and differentiation by interacting with *Ihh*-PTH1R signaling [34], as *Runx1* and *Runx2* share a high homology DNA binding sequence, it has been speculated that *Runx1* may also function with *Ihh* to regulate endochondral bone formation. By using ChIP and promoter assays, we demonstrated that *Runx1* up-regulates *Ihh* expression by directly binding to its promoter to control chondrocyte differentiation. In the current study, *Runx1* deficiency in chondrocytes lead to decreased expression of *Ihh*, *CyclinD1*, and *PTH1R* (Figure 4D–F) in the murine growth plates, leading to the decreased expression of *PCNA*, *Col2α1*, *Col10α1* and *MMP13* in the mutant growth plates (Figure 3C–F). These results suggest that *Runx1* may regulate chondrocyte proliferation and hypertrophy to co-ordinate the timing and rate of endochondral bone formation through *Ihh* signaling.

In summary, our data demonstrate that *Runx1* up-regulates chondrocyte to osteoblast commitment and promotes endochondral bone formation through enhancing both chondrogenesis and osteogenesis. Moreover, by regulating osteoblast and chondrocyte differentiation, *Runx1* plays a fundamental role in maintaining postnatal bone homeostasis. Our studies provided a new insight into the role of *Runx1* during postnatal skeletal development and may open a therapeutic avenue to treat bone diseases, such as pectus excavatum and osteoporosis.

Competing Interests

The authors declare that there are no competing interests associated with the manuscript.

Funding

This work was supported by the National Institutes of Health [AR-070135 and AG-056438 to W.C.; DE-028264 and DE-023813 to Y.-P.L.]. C.-Y.T. was sponsored by the China Scholarship Council [201706370159].

Author Contributions

Study design: Y.-P.L., W.C., and H.-D.Z. Study conduct: C.-Y.T., Y.L., J.W., Y.Z., and W.C. Data collection and analysis: C.-Y.T., W.C., Y.-P.L., J.W., Y.Z., A.M., H.-D.Z., M.M., and Y.H.L. Drafting manuscript: Y.-P.L., W.C., C. T., and A.M. Revising manuscript: Y.-P.L., W.C., H.-D.Z., and C.T. All authors approved the final version of the manuscript for submission. Y.-P.L. (yipingli@uabmc.edu), H.-D.Z. (houdezhou@csu.edu.cn), and W.C. (weichen@uabmc.edu) take responsibility for the integrity of the data analysis.

Acknowledgements

We thank Guochun Zhu and Jun Tang for their excellent technical assistance, and Mrs. Diep Edwards for her excellent assistance with the manuscript. We are also grateful for the assistance from the Small Animal Phenotyping Core and Metabolism Core Laboratory at the University of Alabama at Birmingham.

Abbreviations

ALP, Alkaline phosphatase; BMSCs, bone marrow stromal cells; ChIP, chromatin immunoprecipitation; HZ, hypertrophic zone; IF, immunofluorescence; IHC, immunohistochemistry; Ihh, Indian hedgehog homolog; OCN, osteocalcin; OPN, osteopontin; PZ, proliferation zone.

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